

# CIEL



# **MASSAGES**

# VITALITY EXPERIENCE

#### 60 MINUTES

Inspired by the authentic aromas of Ancient Greece, this reviving massage uses medium pressure and slow massages to cleanse and re-energize the body. Using 111SKIN oils infused with evocative, sweet Marjoram, zesty citrus and bold notes of Rosewood, this combination of essences promises relief from tension, headaches, body aches, jet lag, fatigue, and lethargy.

# QUIROGOLF MASSAGES

#### 60 MINUTES

This deep massage is the ideal way to relieve and reduce muscle tension, join pain and stiffness. Our exclusive golf technique releases trigger points and relieves sore muscles to relax your body and restore comfort.

# THERAPEUTIC PAIN RELIEF MASSAGE

#### 80 MINITES

Elevate your mind, relax the nervous system and help to provide immediate relief from aches, pains, sore muscles, arthritis, sprains, strains and inflammation

# TRANQUILITY RITUAL

#### 60 MINUTES

Inspired by the Indonesian Sea Malay Massage, this exceptional ritual acts in synergy with our Tranquility™ Sound and Essential Oil Blend to effectively induce a state of deep rest for both mind and body. Ideal as jet lag recovery, in case of trouble sleeping and stress.

# RELIEF IN MOTION

#### 80 MINUTES

Experience the ultimate deep tissue massage enhanced by RAD myofascial release therapy tools. Each service is customized to relax the entire body. Feel the relief of tight muscles, increased blood flow, improved flexibility, realigned posture and mobility to restore ease of movement.

## CBD HOT STONE

#### 90 MINUTES

Relax with an ancient massage technique with hot basalt stones that harmonize energy and offer relief to chronic contractures with the addition of natural holistic CBD oil.

# **FACIALS**

# VEGAN CBD GLOWING

#### 60 MINUTES

A naturally derived cosmeceutical treatment to restore a healthy radiant glow for all skin types. Pre- and probiotics balance the skin's microbiome and strengthen the skin barrier. Antioxidant-rich, age-correcting maple bark extract stimulates collagen and elastin and hyaluronic acid plumps and hydrates. Skin health is restored leaving a fresh and bright complexion.

# DIAMOND ENERGY

#### 60 MINUTES

This 5-star age defying treatment infuses energy into your skin, reviving skins dulled by environmental stress and premature aging. Advanced Myofacia Massage and remodeling massage techniques visible enhance facial contours and reveal impressively firmer, suppler and rejuvenated skin.

## REPARATIVE FACIAL

#### 90 MINUTES

The cooling globes massage encourages lymphatic drainage and detoxification, making it appear visibly brighter, toned, and refreshed. It's an invigorating facial for tired and lacklustre skin in need of rejuvenation.

# ULTIMATE VITAMIN C TREATMENT

#### 60 MINUTES

Regenerating, anti-oxidant treatment provides luminosity to facial skin and improves dull tone. Treatment with powerful 20% vitamin C helps the production of collagen, which has a wrinkle-fading and fiber-stimulating effect, which helps to have smooth, soft and youthful-looking skin.

# DE PUFFING CRYO FACIAL

#### 60 MINUTES

This facial harnesses cryo-inspired technology and re-energizing formulas to increase microcirculation, and instantly dimish puffiness and fatigue. The cooling globes massage encourages lymphatic drainage and detoxification making it appear visibly brighter, toned, and refreshed. It's an invigorating facial for tired and lackluster skin in need of rejuvenation.

# **BODY TREATMENTS**

# EARTH EXPERIENCE

#### 60 MINUTES

A firming and detoxifying aromatic body treatment with mood-lifting notes of orange, mimosa and vanilla musk.

This indulgent journey begins with a double stimulating exfoliation, rich in antioxidants and essential nutrients, and an invigorating skin brushing to promote circulation, stimulate lymphatic flow and prepare the skin for the application of an enveloping firming cream from shoulders to toes. The treatment concludes with a nourishing body massage with aromatic oils to further nourish the skin.

# WATERMELONADE REFRESHER

#### 90 MINUTES

Enjoy a calming, antioxidant-rich citrus-cilantro massage with a grapeseed and olive fruit oil blend. Next, winter skin is refined and invigorated with a fresh watermelon basil sugar scrub polish infused with Square One organic vodka. Now, you're painted with a creamy avocado mask to lock in moisture and deeply nourish skin. This spring renewal finishes with a whipped citrus-vanilla shea butter massage. You'll want to pour yourself another of this juicy body refresher!

# **WELLNESS JOURNEY**

#### 120 MINUTES

Begin your experience with a revitalizing CBD Wellness Shot, designed to induce a deep sense of relaxation from the start. Next, enjoy a salt exfoliation applied with CBD massage oil, renewing and softening your skin through a gentle massage. Follow with a nourishing CBD-infused mud wrap that envelops your body in a layer of enriching mud while you receive a soothing scalp treatment. Conclude your experience with a full-body massage using CBD massage oil, with the option to apply a targeted relief cream to areas of tension for additional comfort.

## MARINE BODY DETOX

#### 90 MINUTES

Delightful exfolation followed by a full algae body wrap and scalp massage leave your skin ultrasmooth and ultra relaxed. Perfect for pampering your skin utter relaxation and reconnecting with your inner self.

## ROYAL CITRUS RITUAL

#### 120 MINUTES

Powerful antoixidant treatment with pure vitamin C for face and body to target hyperpigmentation, protect against radicals and intensely hydrate the skin. Immerse yourself in this citric experience and feel your skin and mood transformed

# **MANICURE & PEDICURE**

# CRANBERRY BOURBON

#### 50 MINUTES

We begin this treatment with a cranberry, vitamin E and olive oil-infused soak. Then, skin is prepped and exfoliated with a spiced brown sugar and Kentucky whiskey scrub. Even Old Man Winter will be jealous! We end with a sultry, warm botanical oil massage, with a delicate dash of Madagascar vanilla and Texas distilled bourbon.

# CUCUMBER AND MELON COOLER

#### 50 MINITES

Soak in a refreshing, effervescent delight that cleanses and nourishes. Then let a burst of refreshment scrub over you! Watermelon and basil oils combine with sugar and rice bran oil to invigorate and exfoliate dull skin. Walk out crisp and deliciously sweetened with a hydrating body mousse massage scented with notes of juicy watermelon & fresh basil.

# HOT WHISKEY SOUR

#### 50 MINUTES

Feet are loosened up in a warm, buttery Nectar Milk Soak before you're buffed and scrubbed with a spike of molten Bourbon. This quick fix is finished with a Vanilla Bourbon massage — don't drink from the bowl!

# BLACK CURRENT COSMOPOLITAN

#### 50 MINUTES

A soak infused with notes of passion fruit and wine softens and caresses skin. Next, a ripe, organic vodka body polish brings a juicy skin smoothing experience with sugar, vitamin-rich raspberry extract and Square One organic vodka. Skin is then coated in a bubbling, active-foam body wash — crafted with aloe, vitamin E and a blend of extracts that calm skin. A glistening Quinsyberry® Botanical Oil massage is the final hurrah on this splendorous getaway.

# BEAUTY SALON

MEN'S HAIRCUT	60 MIN	BRIDAL HAIRSTYLE WITH TRIAL (The hair must be clean and dry)	120 MIN
BEARD TRIM	30 MIN		
		MAKEUP	60 MIN
WOMEN'S HAIRCUT	60 MIN	EYEBROW WAXING (No Filling)	30 MIN
BLOW DRY SHORT / MEDIUM HAIR	60 MIN	UPPER LIP, UNDERARMS OR CHIN	30 MIN
BLOW DRY LONG HAIR	60 MIN	FULL ARMS	
FLAT IRON SHORT HAIR			
FLAT IRON LONG HAIR			
SHORT HAIR STYLING		BIKINI (Not Brazilian)	

# **FAQs**

# What if I forget my appointment?

We hope it doesn't happen. We want to serve you as you deserve in Ciel Spa The policies indicate in case you miss your appointment, 100% of the treatment value will be charge to your room.

## What if I have health concerns?

Please notify us of any health conditions before reservation. At the time of your appointment, you will also be asked to complete a required medical questionnaire.

# What is the cancelation policy?

Every cancelation should take place before 17:00 pm, one day prior to your appointment. After that period, 100% of the treatment will be charged to your room. Reschedule will be subject to availability.

# How long in advance of my treatment should I do a check-in?

To fully enjoy our hydrotherapy circuit, we recommend you arrive one hour prior to your appointment. The welcome protocol where we will provide you with lockers, sandals, towel and a bathrobe takes about 10 minutes.

## What cautions I must take?

Avoid eating heavy meals at least 2 hours before your appointment. Avoid alcohol if you are going to exercise, use the sauna, steam room or any other heat treatment. Don't shave your legs before a body exfoliation and avoid sunburns that might stop you from enjoying any spa treatments.

# Should I wear underware to receive a treatment?

Ciel Spa will provide you with disposable clothing for all body treatments. The other spa treatments are left to your consideration in the use of underwear.

# What about tips?

Additional gratifications are totally at your discretion. An 8% service charge will be added to your final bill at your discretion.

# Who will help me select my treatments?

Our Ciel Spa receptionists are fully trained to assist you in the correct selection of treatments and the best sequence of service.

# May I ask a male or female massage therapist?

We will do our best to fulfill your needs. In Ciel Spa we only work with female massage therapist for now. We can promise that every member of our staff is professionally trained in protecting your privacy.

# Where should I leave my jewelry and valuables?

We recommend you to refrain from wearing any jewelry as it will get in the way of your treatment. Please, place all your valuables in the security box in your room. Ciel Spa is not responsible for lost jewelry or values. If you forget to remove them, we recommend you to keep them in your locker provided by our spa assistant.

# Spa Policy

It is not allowed to smoke, introduce food, walk barefoot or make use of your cell phone in the facilities of Ciel Spa. For health and safety reasons, no treatments will be given to people under the influence of drugs or alcohol. No refunds apply.

