

FITNESS CENTER

MONDAY LUNES	Spinning 9:00 AM Hiit Workout 10:30 AM Aqua Fitness 11:30 AM Cross Training 4:00 PM
TUESDAY MARTES	Hiit Workout 10:30 AM Aqua Fitness 11:30 AM Abs Burn 4:00 PM
WEDNESDAY MIÉRCOLES	Spinning 9:00 AM Hiit Workout 10:30 AM Aqua Fitness 11:30 AM Cross Training 4:00 PM
THURSDAY JUEVES	Hiit Workout 10:30 AM Aqua Fitness 11:30 AM Abs Burn 4:00 PM
FRIDAY VIERNES	Sound Healing 8:00 AM Spinning 9:00 AM Hiit Workout 10:30 AM Aqua Fitness 11:30 AM Cross Training 4:00 PM
SATURDAY SÁBADO	Hiit Workout 10:30 AM Aqua Fitness 11:30 AM Abs Burn 4:00 PM
SUNDAY DOMINGO	Sound Healing 8:00 AM Spinning 9:00 AM Hiit Workout 10:30 AM Aqua Fitness 11:30 AM Cross Training 4:00 PM

*Schedule subject to change / Itinerario sujeto a cambios.